

# September Lunch Menu

# 2021

Menu subject to change  
Please see the [USDA](#) for nondiscrimination information



## LUNCH

OWG	No Charge
HM	No Charge
LES	No Charge
WGMS	No Charge
JMHS	No Charge
Adult	4.25

Monday	Tuesday	Wednesday	Thursday	Friday
<b><u>Additional Entrees Offered Daily:</u></b> Low Fat Yogurt PBJ Deli Sandwiches Garden Salad/Grilled Chicken Salad Sun Butter/Jelly Sandwich Vegetarian Options			<b><u>Other items available</u></b> Side Salads, Bean Salads, Whole Fruit	
		1 Mac & Cheese Side Salad Fruit Whole Grain Snack Milk	2 Cheeseburger on a Bun Fresh Fruit Tater Tots Raisels Milk	3 
6 No Work Today! 	7 Hot Ham & Cheese Fresh Fruit Side Salad Cheese -Its Milk	8 Chicken Taquitos Fresh Fruit Veggies/Dip Raisels Milk	9 Baked Chicken w/roll Potato Wedges Fresh Fruit Whole Grain Snack Milk	10 Cheese Pizza Tossed Salad Fresh Fruit Snack Milk
13 Meatball Sub Veggies & Dip Applesauce Snack Milk	14 Teriyaki Potstickers Fresh Fruit Side Salad Gold Fish Milk	15 Chicken Tenders w/roll Fresh Fruit Side Salad Chocolate Grahams Milk	16 Hot Turkey Sandwich Veggies & Dip Chilled Fruit Cup Goldfish Crackers Milk	17 Pizza Crunchers Corn on the Cob Chilled Fruit Cup Cheez-it Crackers Milk
20 Chicken Sandwich Sweet Potato Wedges Applesauce Milk	21 Grilled Cheese sandwich Veggies/Dip Sliced Watermelon Milk	22 Popcorn Chicken Sweet Potato Wedges Fresh Fruit Grain Snack Milk	23 Corn Dog Nuggets Fresh Fruit Applesauce Chips Milk	24 French Bread Pizza Veggies & Dip Chilled Fruit Cup Fruit Snack Milk
27 Chicken Chunks w/roll Mashed Potatoes Fresh Fruit Raisels Milk	28 Spaghetti & Meatballs Veggies & Dip Applesauce Snack Milk	29 Mac & Cheese Salad Fruit Whole Grain Snack Mil	30 Cheeseburger on a Bun Fresh Fruit Tater Tots Raisels Milk	